

asiaSpa

India

VOL. 11, ISSUE 4 • SEPTEMBER-OCTOBER 2014 • ₹100
SUBSCRIBER COPY

Festive
issue

Yoga Diva

Khushali Kumar
on balancing
discipline, desires
and designs

Power
Platter
Energy Foods
Kale & Pumpkin

Unravel
Jordan's
magical
treasures

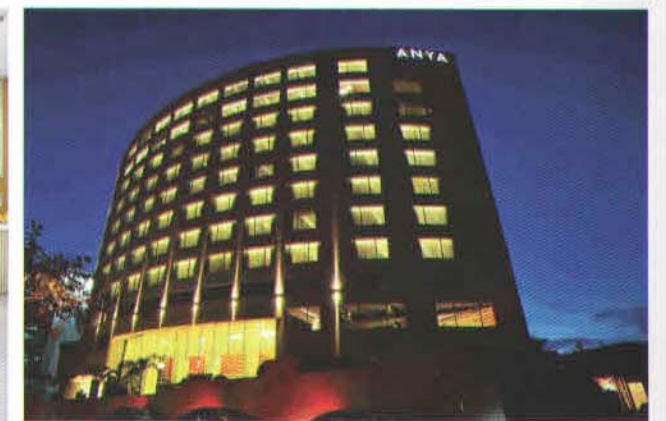
Spas
Exotic therapies
& retreats

Celebrate
with Charity



ISSN 0973-7618
9 770973 761000
Regd. DEL ENG/2008/26066

S
SPA GUIDE



an exotic escapade

Anya, Gurgaon opens up its doors to the globally renowned French beauty and wellness chain, L'Occitane to give India a glimpse of lush Mediterranean indulgence

Residents and travellers to the millennium city can now experience the celebrated traditions of Provence and Mediterranean wellbeing at Delhi NCR's first L'Occitane spa. Amaltas Spa in collaboration with L'Occitane, a well-recognized French beauty and wellness brand across the world is proud to announce its maiden venture of fusing Mediterranean wellness with an Indian soul. The spa offers signature treatments inspired by the Amaltas tree, also known as the Laburnum or Golden Shower Tree, to instil a sense of holistic wellbeing.

Intimate sanctuary

This Provençal inspired intimate space has four luxurious indoor treatment

rooms all featuring private steam and shower chambers, and includes two spacious couple suites that have free standing bathtubs for a relaxing soak. The Anya suite at the hotel also offers spa services to guests in the privacy of their rooms.

Nurturing treatments

The experience begins in a warmly appointed, fragrance-ensconced lounge with a welcome ritual before being taken on a relaxing journey, sequenced at every step by soothing and energizing aromas. Guests can choose from a gamut of rejuvenating treatments—from aromatherapies to concentrated deep massages to nourishing body scrubs and body wraps for complete rejuvenation.

Amaltas Awakening, the signature massage incorporating the Amaltas or Golden Shower Flower strengthens the skin ensuring a metabolic boost and pain relief, ideal for those seeking recuperation. The Relaxing Aromachologie Massage is another must among many more, with the therapeutic voyage accompanied by relaxing music and an Amaltas inspired tea.

L'Occitane spa serves as an exclusive setting to bring friends together over some spa tastings and Mediterranean pampering. 🌿

ANYA HOTELS & RESORTS GURGAON
42 GOLF COURSE ROAD, SECTOR 43,
GURGAON (NCR) - 122002, HARYANA
PHONE: 0124 4901111
EMAIL: INFO@ANYAHOTELS.COM